



# Welcome to the SEVENTH-DAY ADVENTIST Church of Monroe

August 9, 2008

Song Service .....	9:00am
Prayer Circle.....	9:15am
Wake-up Call.....	9:30am
Children's Time/Study Classes.....	9:30am/9:45am
Adult Study Classes .....	10:00am
Worship Hour.....	11:00am
Buffet Luncheon .....	12:30pm

## Order of Service

Praise in Song .....	Praise Singers
Welcome.....	Tom Mills
Announcements.....	Deanette Mills
Missions.....	<i>Devastating Faith</i>
Children's Story .....	George Mills
Offering.....	Michele Iglesias
Praise Time.....	Tam Adams
Scripture .....	Praise Singers
Praise in Song .....	Praise Singers
Morning Prayer.....	Howard Andrew
Sermon .....	Phil Rosburg

## Upcoming Events

August 10 .....	Baby Shower for Jill and Sean
August 16 .....	1:30pm Abuse Prevention Workshop
August 16 .....	7:00 PM Something for the Family
August 16 .....	"Getting to Know You" Social
August 28-Sept. 1.....	Family Camp at NPR
September 4-7.....	S. Union WM Retreat
September 20.....	6:30 PM Something for the Family
September 26-28.....	Eastern Carolina Camp Meeting

## Announcements

- **Buffet Lunch Today**—A special invitation is extended to our visitors to stay by after the service and enjoy this meal with us.
- **Guest Speaker Today**—We're happy to have Phil Rosburg with us today as our guest speaker. He is our conference Young Adult/Campus Ministries director. Thanks for coming, Phil!
- **A Baby Shower**—For Sean and Jill Mears tomorrow from 2-4pm at the church. The Mears' are registered at Walmart and Babies R Us.
- **New Night for Board Meeting**—Board members, remember that this coming Monday night is our August board meeting instead of Thursday.
- **Something for the Family Vespers**—Hosted by our Youth Ministries, this will be a fantastic way to end the Sabbath. Begins at 7:00pm on August 16.
- **"Getting to Know You" Social**—This social is especially for our new members and attendees. We want to get to know you better! Stay by after Something for the Family on August 16 for a fun time together. Details soon.
- **Family Vacation**—August 28-Sept. 1! It's not too late to register for Family Camp at beautiful NOSOCA Pines Ranch. For questions or to register, call Ruby at 704.596.3200.
- **Eastern Carolina Camp Meeting**—You are all invited to ECCM at Oak Island, Sept. 26-28, 2008. Ron Smith, Southern Union Executive Secretary will be the main speaker and the Morss Group will be the Musical Guests. To register, go to [www.carolinasda.org](http://www.carolinasda.org).
- **Young Adult Retreat**—Re-fuel over a weekend in the country with young adults (ages 18-35) from around the region. September 26-28. [www.carolinasda.org](http://www.carolinasda.org)
- **Special Prayer Requests**—If you have a special prayer request, fill out the form in your bulletin and place it in the offering plate. If you know of someone in our church who is sick or has a need, please let one of our elders know.
- **Prayer Meeting**— Please join us for prayer meeting, Tuesdays at 7pm.
- **Sunset Schedule**—Sabbath Ends: 8:26 PM Aug 2, 2008  
Sabbath Starts: 8:19 PM Aug. 8, 2008

Announcements or schedule changes?  
Please give them to Becky Carpenter no later than Thursday.  
[rncarpenter@earthlink.net](mailto:rncarpenter@earthlink.net) or 704-219-4660

- **Today's Offering**—The loose offering today is for Andrews, Loma Linda and Oakwood Universities.
- **"Investing with God" Capital Campaign totals— Total to Date . . . \$26,117.00** When you have funds to give towards your pledge, simply

mark your tithe envelope "Investing with God Pledge" and indicate the amount.

- **Prayer Chain**— Anyone interested in being part of the prayer chain for prayer requests generated from the website, please give Becki Sigmon your email address.

## Abuse Prevention Emphasis Day



In 2001, the Seventh-day Adventist Church voted to add an Abuse Prevention Emphasis Day to the calendar of special Sabbaths. Local churches need to address the issue of abuse, educate church members and leadership, and let victims know that their church cares. This year's theme is ABUSE OF POWER."

The SDA Church of Monroe Women's Ministry will host a special workshop geared towards women on August 16 at 1:30 PM. The speaker, Ms. Stephanie Speller-Henderson, is a specialist in working with trauma/abuse from a Christian perspective. As our church grows we all need to be equipped with knowledge and skills to support our fellow members and the community in this area.

### DO YOU HAVE HIGH BLOOD PRESSURE?

Untreated, or undertreated, patients with hypertension are at significant risk for cardiovascular complications, stroke, renal failure, etc.

Sixty-five percent of Americans 60 years and older have hypertension, but only a quarter of these have adequate blood pressure control. Hypertension with diabetes, heart failure, renal disease and many other diseases significantly increase the risk of cardiovascular events.

Treatment of high blood pressure with medication can re-

duce the risk of stroke by 31 to 45 percent, and myocardial infarction by 8 to 23 percent. Poor adherence to medical regimens is a major reason hypertension is one of the highest risk factors for cardiovascular disease.

Causes for this may include poor patients' compliance, the cost of medications, medication side effects and patients' lifestyle and diet.

A multidisciplinary approach is the best way to control this disease. CHECK YOUR BLOOD PRESSURE OFTEN. IT CAN CHANGE BEFORE YOU ARE AWARE OF IT.